

April 5<sup>th</sup>, 2016

Self-development strategies in health for rural Mexico

# The Tia Foundation

## Spring Newsletter

**56 NEW  
PROMOTORAS  
ADDED!**

**NEW  
BOARD  
MEMBER**

**376  
PROMOTORAS  
NOW CARING  
FOR 140,000**

**CHECK OUT  
GOODSHOP  
AMAZONSMILE**



Health is something that is easy to take for granted until it becomes a problem. Being unwell can cause difficulties in other parts of your life, like making it challenging to work or even pay for the high cost of health care. If you already have trouble making ends meet, the idea of not working for any period of time is a serious hardship. To see a health care professional, let

alone traveling great distances on foot (while you are very sick) to get treatment can be financially devastating to an entire family. This is the harsh reality for all of the people we serve, and we have the ability to fix this problem for one person, forever, for less than \$5.

Tia has just finished its March project in Tizapan el Alto. We provided 10,000 new people with life-long access to free health care, provided by 56 local care givers. Trained by the UVM brigade and Tia Foundation, we equipped them with a versatile first aid toolbox. In total, the foundation has brought hope to over 140,000 people with 376 resident health workers.



The Tia Foundation • Tel: 602-978-7281 • Email: [tiafoundation@cox.net](mailto:tiafoundation@cox.net)

P.O. Box 36203 Phoenix, Arizona, 85067 • [www.tiafoundation.org](http://www.tiafoundation.org)

## NEXT PROJECT IN TUXCUECA

# TIA

## DIEGO

## MILAN

## CHECK OUT TIA ON SOCIAL MEDIA

## FACEBOOK

## TWITTER

## INSTAGRAM



Want to join us in Mexico? This is your opportunity. This June Tia is offering all-inclusive trips to meet the people you are helping, eat exotic cuisine and explore a region of

the world that few outsiders ever get to see. Most importantly, you will be packaging medical kits and working on our brigade as one of the team members. This experience is sure to be one of the most touching memories of your life and an event not soon forgotten by the lives you change.

January 27<sup>th</sup> was Tia's 10 year anniversary! We have been so proud to watch the foundation materialize from an idea, to completing our first project and now serving free health care to more people than the population of Pasadena, California! We owe all of our success to the community health workers, the universities that let us borrow their students and teachers and most of all to the donors that provide the life blood to this cause.

We have a new board member, **Diego Milan**. He brings vast experience and charisma to Tia's leadership. Diego has extensive business knowledge as well as experience with teaching and philanthropy. He lives in Guadalajara and can give the board cultural insights, as well as a large network of contacts. We are very proud to add him to Tia's board of directors and his expertise will be utilized to help bring health care to thousands of people.



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10,000 NEW  
PEOPLE WITH  
HEALTH CARE

IN

TIZAPAN

EL ALTO

JANUARY 27<sup>TH</sup>  
WAS TIA'S 10<sup>TH</sup>  
ANNIVERSARY

JOIN US IN  
THE FIELD!

Our next project will be this summer from June 6<sup>th</sup> to the 10<sup>th</sup> in Tuxcueca, Jalisco. Just like our last project in Tizapan el Alto, this municipality is on the shores of Lake Chapala, Mexico's biggest freshwater lake. Tuxcueca has a rich, ancient history. It was mainly inhabited by the Chichimeca tribe before the Spanish conquest. This land was very sought after during the Saltpetre War by the King of Colima for its rich mineral deposits useful in the making

of gunpowder. Now the region is host to fisherman, livestock and farmers. The people here have a deep connection to their ancient roots and take great care to preserve their indigenous culture. Tia is excited to work hand in hand with these fine people.



As always, your support is greatly appreciated. The Tia Foundation, our education partners and the tens of thousands of people whose lives now have hope for a better future owe you a debt of gratitude. **Tia has vast ambitions, and you are the key to that becoming a reality.** We encourage you to share Tia's mission with family and friends and help our cause grow to new heights. Contact us if you would like materials to share or if you would like to join us in the field.

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