



November 2nd, 2017

Self-development strategies in health for rural Mexico

The Tia Foundation

Fall Newsletter

The Tia Foundation is back from another Project! That means we have stories from the field, new medical kit items, events and a new team member to tell you about. We also have big plans to expand, and want you to be a part of it. It turns out that our contributors are interested in helping to bring healthcare to even more people and introducing friends to this great feeling of helping to make the world a better place.

We just finished a project in Atotonilco El Alto, serving 8,000 new people with 27 Community Health Workers. This puts Tia at **a total of 180,000 people served and 580 Promotores!** Congratulations to the graduates and their proud families. For many, if not most, this is the first diploma they have ever received.



580
Community
Health
Workers

Serving
180,000
People

Atotonilco
El Alto has
Healthcare!

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We are proud to announce our newest team member: **Dr. Roberto Martinez Ibarra**! He has been working with Tia on behalf of our education partners like UVM and UAG for over the last ten years. There couldn't be a better addition to the Tia Foundation than Dr. Roberto. We are working closely with him to increase the value of our medical kits and customize them to the needs of each community. Our community studies and follow up research will be much more robust and our Promotores have access to in-country help around the clock.

On September 19th, there was a magnitude 7.1 earthquake that struck just south of Mexico City and shook violently for about 20 seconds. The quake tragically caused numerous casualties that are still being counted. The quake toppled buildings and homes. **Dr. Raymundo Avila and Dr. Diego Alcocer formed volunteer brigades.** Each brigade went to help out and provide medical care at the quake-site. Dr. Ray's group worked in Mexico City,



We have a new team member!

... and 27 new Community Health Workers

Tia doctors helped after the recent quake

while Dr. Diego went to the nearby State of Morelos. We are very proud of their spirit of service and hard work. Thank you to donors who provided extra gifts to Tia during this time so we could keep the brigades in gas and supplies.

We carefully prepare the medical kits for each project and do our best to research common injuries and illnesses that our Community Health Workers will have to treat in their region. Thanks to Dr. Roberto, we are adding new items without increasing the cost by finding items of a better value. This way, we can have a more diverse kit. We will be featuring a new medical kit item in each of our newsletters. **This project's new item is the finger splint.** It is easy to use and broken bones and sprains are common in farming communities. If left untreated, the fracture can remain stiff, the fragments may not rejoin or soft tissue can get stuck between the bones.

Watch out for your invitation to The



Promotoras are receiving custom medical kits



Kit Item
Spotlight:
Finger
Splints



Tia
Cocktail
Party this
February



Tia Foundation Cocktail Party on Thursday February 8th 2018. There will be Guest Speakers, a surprise guest and good friends. Come celebrate with Tia.

As always, thank you for reading and for supporting the hard working people in the rural communities of Mexico. Don't forget to follow us on social media and YouTube. Share Tia with friends and **please consider a reoccurring monthly donation** on our new and easy to use donation platform on Qgiv. If you would like to join Tia in the field, get an invitation to an event or help out by adding your name and email address to our volunteer list, please contact us at tionate@cox.net. Take care and have a safe and happy autumn to you and your family.



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Thank you so
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TIA

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