



THE TIA FOUNDATION

December 12th, 2019

End of Year Newsletter 2019

The Tia Foundation has had a huge 2019. We now provide free healthcare to 409,000 people, only a couple thousand shy of the population of Minneapolis, Minnesota. To reach even more people and continuously improve our program, we have hired two employees in Mexico. With the help of field volunteers, the Tia team completed three projects in rural Mexico and may fit one more in before the end of 2019. Tia is already planning to ensure that 2020 will be an even better year. We are working on expanding our Community Health Worker Course to include a program for the children and expanding our fundraising efforts into Mexico. Read on to learn about everything we have accomplished in 2019 and our plans for 2020.



We hired two more doctors in Mexico



Now serving 409,000 people!



845 Community Health Workers

Our first project this year was in Tequila, Jalisco. During this project, we received robust community support and attended a public health event with other nonprofits. While working at our free public health clinics, Dr. Roberto saved a baby's life after he was brought in with a sunken soft spot, severe fatigue, dehydration and pneumonia. We acquired a great new friend in the Beckmann (Jose Cuervo Foundation) who greatly supported our efforts in Tequila.

In the beginning of summer, over 6,500 people in the area surrounding Atemajac de Brizuela received free healthcare. This is thanks 61 newly trained Community Health Workers (CHWs) that reside there. We could not be more proud of the dedication that they showed during the course. Many of the CHWs memorized the course material and effortlessly passed their exams despite having to work and care for their children. The course covers a large volume of material in a short amount of time, and all of it is essential. The grit that these CHWs have shown during the



A baby's
life was
saved in
Tequila,
Jalisco

Watch for
our events
in February
and March

Atemajac
de Brizuela
got free
healthcare

course will help them if they are faced with an unexpected medical crisis in their town.

The Tia Foundation's most recent project was in San Sebastian del Oeste, Jalisco. The communities surrounding San Sebastian are hours away on dirt roads through the rainforest. Training CHWs in regions like these is very important because infections and tropical diseases are more common in hot and humid environments. When medical issues arise, the problem can be compounded by how difficult it is to get to the nearest doctor, especially when a vehicle is not available. Tia's newly trained CHWs are able to address emergency trauma, treat ongoing and sudden illness, deliver babies and help with community preventative health.

This year the Tia Foundation hired 2 new doctors to our permanent brigade in Mexico. Thanks to the help of our supporters at our events in Phoenix and San Francisco, we raised enough monthly contributions to hire Dr. Cuauhtemoc Lopez as Curriculum Director and Dra. Tamarha Peña Ulloa Brigade Director. This is a vital step



Tia completed a project in San Sebastian del Oeste

Help us reach 1,000,000 people by 2025

Volunteers helped us in the field

for Tia to give 1,000,000 people healthcare by 2025 and it would not have been possible without your continued support.

During our project to San Sebastian del Oeste, volunteers came along to help out. We landed in Puerto Vallarta and got up early the next morning to drive out to the project site. After driving for a few more hours into the jungle, we arrived at a small community where volunteer Christina helped to check vitals and worked with doctors to collect wellness data. In the evenings, they learned medical skills along side our CHWs; skills like setting up an IV, delivering a baby, and performing CPR. We had a wonderful trip with Christina, and we were very grateful to have the extra help.

The Tia Foundation is breaking into new fundraising markets. The Tia Foundation is now a registered non-profit in Mexico. To prepare for this, Tia's founder, Laura Libman flew down to Guadalajara to train the staff on international development, health worker programs around the world, and the importance of Monitoring &



We hosted
the I Love
Tia Video
Competition
on Facebook

**Tia is a
registered
nonprofit
in AZ, CA,
and MX**

We received
GuideStar's
Platinum
Seal of
Transparency

Evaluation (M&E) in measuring impact.

To benefit our CHWs in training, Tia is planning an educational daycare service. The Tia Foundation Mini's Program will be developed by our volunteer doctors, psychologists, nutritionists and other allied health professionals to create a stimulating curriculum that will result in a happier and healthier life. CHWs often must work overtime to learn their course material and balance their family responsibilities. It is our hope that the Mini's Program will allow our CHWs to focus on learning life-saving skills while their children learn about eating healthy, personal hygiene and basic skills like CPR.

This is Xochitl and she just delivered a baby! —————>
Congratulations to this young CHW and to the happy family. Xochitl graduated from our CHW course in San Pedro Itzican where she also learned how to give vaccinations, help patients to manage ongoing illnesses like diabetes, perform CPR, treat numerous kinds of trauma and much more.



Donate to help develop the Mini's Program

Community Health Workers learn life-saving skills

Xochitl safely delivered a baby

This time of year we think about the many things that we are thankful for and recognize how fortunate we are. If we have even a little extra, we have more than most people do. We give back to help those who may not share the privileges that we sometimes take for granted. When making a gift like this, consider the impact of what you can spare. With the Tia Foundation, your donation is tax deductible and amplified by an economy of scale. If you give \$20, four people receive free healthcare for life in a community that is hours from the nearest doctor.

Thank you for supporting the Tia Foundation and sharing us with friends and family. You are our hero for lightening the burden of families across Mexico, some living on only \$0.45 per day. We are all extremely grateful for your generosity and your regard for this pressing issue. From everyone at the Tia Foundation, we wish you and your family a happy holiday season and a fantastic 2020 that a hero like you deserves.



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Donate
monthly for
the biggest
impact

Thank you
for your
support!